

**PATIENT'S NAME:**

**MEDICATION:** mirtazapine (Brand names include Remeron and Remeron Soltabs.)

**WHAT IT'S USED FOR:** Mirtazapine is used to treat depression.

**HOW TO TAKE IT**

- Take drug exactly as prescribed. If it causes stomach upset, take it with food or milk.
- If you're taking conventional tablets, you may crush them if you're unable to swallow them whole.
- If you're taking orally disintegrating tablets, open the blister pack with dry hands; place tablet on your tongue immediately and swallow it with saliva. Don't break tablet.
- If this drug makes you feel overly sedated, ask prescriber if you can take entire daily dose at bedtime.
- Full benefits of this drug may take 2 to 3 weeks to appear.

**WARNINGS & PRECAUTIONS!**

- Contact prescriber immediately if you experience increased depression or suicidal thoughts or actions.
- Review all side effects listed below; report serious or troublesome ones to prescriber.
- Don't stop taking this drug abruptly. Dosage must be tapered gradually.
- Avoid driving and other hazardous activities until you know how the drug affects your concentration, alertness, motor function, and vision.
- Tell your prescriber if you are pregnant or breastfeeding.

**SIDE EFFECTS**

This drug may cause drowsiness, dizziness, abnormal dreams, abnormal thinking, weakness, tremor, confusion, sudden drop in blood pressure when you stand up, chest pain, sinus infection, dry mouth, constipation, urinary tract infection, back pain, bone pain, increased appetite, increased cough, shortness of breath, flu-like symptoms, weight gain, swelling, and increased thirst. Contact prescriber if any of these symptoms become bothersome.

**INTERACTIONS**

- Mirtazapine may interact with many drugs and some herbs. Before taking it, tell all prescribers what prescription and over-the-counter drugs and herbs you are taking.
- Avoid alcohol use while taking this drug.

**STORAGE**

- Store drug at room temperature, away from light and moisture. Don't freeze drug.

**ADDITIONAL POINTS:**

Your initials: \_\_\_\_\_

Date: \_\_\_\_\_

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