

PATIENT'S NAME:

MEDICATION: olanzapine (Brand names include Zyprexa, Zyprexa IntraMuscular, and Zyprexa Zydis.)

WHAT IT'S USED FOR: Olanzapine is used to treat psychotic disorders.

HOW TO TAKE IT

- Take drug exactly as prescribed, with or without food.
- Remove orally disintegrating tablet from package by peeling back foil—not by pushing tablet through foil. Using dry hands, remove tablet from foil, and place entire tablet in mouth. Tablet will disintegrate with or without liquid.

WARNINGS & PRECAUTIONS!

- Before taking this drug, tell your prescriber if you have phenylketonuria (if you're taking orally disintegrating tablets), liver or heart disease or problems with blood vessels, diabetes mellitus, enlarged prostate, glaucoma, or a history of seizures, bowel paralysis, or suicide attempt.
- To avoid dizziness or light-headedness, move slowly when rising to a sitting or standing position; dangle legs briefly before getting out of bed.
- Exercise in moderation and avoid overly hot baths and showers, because drug impairs body temperature regulation.
- Monitor blood sugar closely if you have diabetes mellitus.
- Avoid driving and other hazardous activities until you know how the drug affects your concentration and alertness.
- Tell your prescriber if you are pregnant.
- Don't breastfeed while taking this drug.

SIDE EFFECTS

This drug may cause headache, dizziness, weakness, fatigue, restlessness, sedation, insomnia, mood changes, agitation, personality disorder, impaired speech, involuntary movements, tremors, rigidity, muscle contractions, poor body temperature regulation, decreased blood pressure on standing, chest pain, rapid heart beats, vision problems, runny nose, sore throat, nausea, constipation, abdominal pain, heartburn, increased salivation or dry mouth, loss of urinary control, urinary tract infection, blood disorder, high blood sugar, goiter, increased thirst, joint pain, cough, difficulty breathing, bruising, increased skin sensitivity to sunlight or ultraviolet light, increased appetite, weight gain or loss, fever, flulike symptoms, and impaired body temperature regulation. Notify your prescriber of serious or bothersome symptoms.

INTERACTIONS

- Olanzapine may interact with other drugs, including drugs for high blood pressure, carbamazepine, omeprazole, rifampin, levodopa, or other central nervous system depressants (such as, narcotics, sedatives, or drugs used to treat anxiety or depression). Tell all prescribers that you are taking it.
- Don't smoke and avoid alcohol use while taking this drug.

STORAGE

- Store drug at a controlled room temperature of 68° to 77° F (20° to 25° C), protected from light and moisture.

ADDITIONAL POINTS:

Your initials: _____

Date: _____