

PATIENT'S NAME:

MEDICATION: sertraline hydrochloride (Brand name is Zoloft.)

WHAT IT'S USED FOR: Sertraline hydrochloride is used to treat depression and certain other mental problems.

HOW TO TAKE IT

- Take drug once a day, either in the morning or at night, with or without food.
- Switch to morning dose if evening dose causes difficulty sleeping.
- Mix oral concentrate with 4 ounces of recommended liquid only (water, ginger ale, lime or lemon soda, lemonade, or orange juice). Swallow the diluted drug right away.
- If you have a latex allergy, don't use rubber dropper that comes with the concentrate form.

WARNINGS & PRECAUTIONS!

- Report increased depression or suicidal thoughts or actions to your prescriber immediately.
- Review all side effects listed below. Report troublesome ones to your prescriber.
- Don't stop taking this drug abruptly. Dosage must be tapered gradually.
- Don't take sertraline within 14 days of a drug called an MAO inhibitor.
- Avoid driving and other hazardous activities until you know how the drug affects your concentration, alertness, motor function, and vision.
- Tell your prescriber if you are pregnant or breastfeeding.

SIDE EFFECTS

This drug may cause dizziness, drowsiness, fatigue, headache, insomnia, agitation, anxiety, confusion, emotional changes, poor concentration, manic reaction (extreme excitement), nervousness, weakness, yawning, tremor, twitching, prickling or burning sensation, decreased sensitivity to touch, chest pain, palpitations, hoarseness, runny nose, ringing in ears, vision problems, nausea, vomiting, abdominal pain, increased or decreased appetite, constipation, indigestion, flatulence, dry mouth, altered taste, sexual dysfunction, menstrual disorders, urinary disorders, frequent urination, increased muscle tone, back pain, bone pain, rash, increased sweating, fever, thirst, and hot flashes. Notify your prescriber of serious or bothersome symptoms.

INTERACTIONS

- Sertraline may interact with many drugs and some herbs. Before starting it, tell your prescriber which prescription and over-the-counter drugs and herbs you are taking.
- Avoid alcohol use while taking this drug.

STORAGE

- Store drug at room temperature.

ADDITIONAL POINTS:

Your initials: _____

Date: _____